

A FREE RESOURCE FROM CAREER CARTOGRAPHER

7 AI prompts that actually work for your job search.

Copy. Paste. Get results. Works with Claude, ChatGPT, or any AI assistant.

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How to use this guide

These seven prompts are designed to produce genuinely useful output — not generic AI filler. Five steps to get the most out of them.

- 1 Open your AI assistant.**
claude.ai or chat.openai.com — a free account works for every prompt here.
- 2 Copy the prompt exactly.**
Don't summarize or paraphrase. The structure matters.
- 3 Replace the placeholders.**
Every [BRACKETED SECTION] is where your content goes. Replace the whole thing, brackets included.
- 4 Read the output critically.**
AI output is a strong starting point, not a finished product. Make it sound like you.
- 5 Iterate if needed.**
If the first result is off, paste it back and say "make this more concise" or "make this more specific."

The seven prompts

01 Résumé Rewriter

Turn your experience into interview callbacks.

WHAT THIS DOES

Paste your current résumé and get a rewritten version optimized for ATS systems — stronger action verbs, quantified results, cleaner formatting. Works only with what you've actually done. No fabrication.

HOW TO USE IT

- 1 Open claude.ai or ChatGPT (a free account works fine).
- 2 Copy the full prompt below.
- 3 Replace [PASTE YOUR RÉSUMÉ] with your actual résumé text.
- 4 Read the output carefully before using it — make it sound like you.

THE PROMPT — COPY THIS EXACTLY

Here is my résumé:

[PASTE YOUR FULL RÉSUMÉ HERE]

Rewrite it to maximize interview callbacks. Use strong action verbs

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PRO TIP: Run this once to get a strong base. Then use Prompt 02 to customize it for each specific job you apply to.

02 Job Match Analyzer

Close the gap between you and the role.

WHAT THIS DOES

Paste a job description and your résumé. This finds the keywords you're missing, then rewrites your summary and key bullets to match the role — honestly, without fabricating anything.

HOW TO USE IT

- 1 Find the job posting you want to apply for.
- 2 Copy the full job description text.
- 3 Paste both the job description and your résumé into the prompt.
- 4 Review the suggestions and decide what fits before updating your résumé.

THE PROMPT — COPY THIS EXACTLY

Job description:

[PASTE FULL JOB POSTING HERE]

My résumé:

PRO TIP: Do this for every application. The job description is a cheat sheet — it tells you exactly what the hiring manager is looking for.

03 Role Fit Finder

Discover paths you might be overlooking.

WHAT THIS DOES

Describe your background and skills. This surfaces 10 roles you're genuinely qualified for that you may not have considered, ranked by current hiring demand and realistic response likelihood.

HOW TO USE IT

- 1 Write 3–5 sentences describing your work history and skills.
- 2 Include industries you've worked in and what you're known for.
- 3 Be specific — vague input produces vague output.
- 4 Use the list to expand your search, not replace your current targets.

THE PROMPT — COPY THIS EXACTLY

Based on my experience and skills:

[PASTE 3-5 SENTENCES — your work history, skills, industries, and w

List 10 roles I am genuinely qualified for that I might be overlook

//

PRO TIP: Most job seekers apply to the same 3 titles they've always had. This prompt breaks that pattern and often surfaces better opportunities.

04 Bullet Point Upgrader

Make every line on your résumé count.

WHAT THIS DOES

Paste your weak or flat résumé bullets. This rewrites each one to be clearer, results-focused, and recruiter-impressive — in under two lines each. Strong action verbs, quantified where possible.

HOW TO USE IT

- 1 Copy the bullet points you feel are weakest or most generic.
- 2 Paste them into the prompt, one per line.
- 3 Review each rewrite — accept, adjust, or reject each one.
- 4 Never publish output without reading it carefully first.

THE PROMPT — COPY THIS EXACTLY

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Rewrite each of these résumé bullet points to be clearer, more resu  
[PASTE YOUR BULLETS HERE — one per line]
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PRO TIP: Even without hard numbers, you can quantify scope: team size, project count, timeline, geographic reach, or volume handled.

05 Cover Letter Writer

Sound like a person, not a template.

WHAT THIS DOES

Paste the job description. This writes a short, tailored cover letter that sounds confident and specific — not generic, not obviously AI-written. Three paragraphs, ready for you to customize.

HOW TO USE IT

- 1 Paste the full job description into the prompt.
- 2 Add 2–3 sentences about yourself in the second field.
- 3 Read the output out loud — fix anything that doesn't sound like you.
- 4 Always customize the company name and any specific role details.

THE PROMPT — COPY THIS EXACTLY

Write a short, tailored cover letter for this role:

[PASTE JOB DESCRIPTION HERE]

About me: [PASTE 2-3 SENTENCES — a standout achievement, why this r

//

PRO TIP: The biggest cover letter mistake is starting with "I am excited to apply for..." — this prompt avoids that. Read the output and make it yours before sending.

06 Recruiter Outreach

Get the reply, not the silence.

WHAT THIS DOES

Paste the role you're targeting. This writes a concise LinkedIn message or cold email that sparks genuine interest — without begging, generic openers, or sounding desperate.

HOW TO USE IT

- 1 Find the recruiter or hiring manager on LinkedIn.
- 2 Paste the job title, company, and key details into the prompt.
- 3 Add 1–2 sentences about why you're a fit.
- 4 Send within 24 hours of a posting going live for best results.

THE PROMPT – COPY THIS EXACTLY

Write a concise LinkedIn message or email to a recruiter:

Role: [PASTE JOB TITLE, COMPANY, AND KEY DETAILS]

My pitch: [PASTE 1-2 SENTENCES – why you are specifically a strong

Goal: spark genuine interest and get a reply – not ask for a favor. //

PRO TIP: Recruiters receive dozens of generic messages daily. The ones that get replies are specific, brief, and confident. This prompt is built for that.

07 Application Strategist

Work smarter, not just harder.

WHAT THIS DOES

Describe your background and target roles. This builds a specific weekly application strategy — how many to apply for, how to customize efficiently, and how to follow up without being annoying.

HOW TO USE IT

- 1 Describe your background honestly — strengths and current gaps.
- 2 List the specific roles and industries you're targeting.
- 3 Follow the strategy for at least 3 weeks before adjusting it.
- 4 Track your response rates by role type and application source.

THE PROMPT — COPY THIS EXACTLY

Create a smarter weekly application strategy for me.

My background: [PASTE 3-4 SENTENCES — experience, strengths, and wh
Target roles: [PASTE THE ROLES AND INDUSTRIES YOU ARE FOCUSING ON]

Be specific: weekly application volume, how to customize without st

PRO TIP: Most job seekers either spray-and-pray (too many, too generic) or over-perfect (too few, too slow). This prompt helps you find the right volume and cadence.

Ready for something better than a better résumé?

These prompts help you compete in the traditional job market. But the best-fitting roles often go to people who got seen first — through a clearer picture of who they are and the kind of work that actually suits them. That's what the assessment is for.

[Take the assessment →](#)